

Beginning with clear priorities

Q1 2026

Year-end clinical measures and new first-quarter Elgin program results.

JANUARY - MARCH Performance improvement continues

The most recently verified sitewide clinical scorecards are the 2025 year-end results. They establish the improvement agenda for 2026: protect strong retention and toxicology outcomes, restore timely access at Elgin, continue Fox Lake progress, reduce discharge balances, and hear from more patients.

Q1 HEADLINE

Fox Lake entered 2026 from a strong year-end position. Elgin began focused work on intake delays and financial barriers while continuing strong retention. The Elgin-based Dundee program also documented a substantial quarter of treatment, peer support, and overdose-prevention activity.

PERFORMANCE IMPROVEMENT What we measure and why

AREA	MEASURE	WHY IT MATTERS
Effectiveness	Toxicology screens negative for illicit opioids	Shows progress toward recovery stability. Goal: 70%.
Retention	Engagement beyond 90, 180, and 365 days	Shows whether people remain connected to care. Goals: 80%, 60%, and 50%.
Access	Admission within five days of requesting treatment	Shows whether people can enter care promptly. Goal: 50%.
Experience	Patient satisfaction on a four-point scale	Shows how patients rate services and improvement in quality of life. Goal: 3.0.
Business function	Discharges with an unpaid cash balance	Helps identify coverage, billing, and financial barriers. Goal: 25% or less.

New quality capacity

FOX LAKE COUNSELING TEAM Janine Schlosser joined the Fox Lake counseling team in February, bringing previous methadone-program leadership experience and added capacity for counseling and group development.	ELGIN DUNDEE SERVICES During Q1, the Elgin-based Dundee initiative reported treatment, behavioral-health, peer-support, and overdose-prevention services for at least 38 township residents.
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Clinical baseline and action

Q1 2026

The verified Q4 2025 measures guiding first-quarter improvement work.

VERIFIED YEAR-END BASELINE Elgin performance scorecard

MEASURE	GOAL	RESULT	STATUS
Toxicology screens negative for illicit opioids	70%	71%	Met
Retention: 90 / 180 / 365 days	80 / 60 / 50%	85 / 77 / 54%	Met
Admission within five days	50%	29%	Needs action
Patient satisfaction	3.0 / 4	3.60 / 4 (6)	Met
Discharges with a cash balance	<=25%	54%	Needs action

Source: Elgin 2025 Annual Performance Analysis. These Q4 2025 results establish the improvement baseline for 2026.

VERIFIED YEAR-END BASELINE Fox Lake performance scorecard

MEASURE	GOAL	RESULT	STATUS
Toxicology screens negative for illicit opioids	70%	78%	Met
Retention: 90 / 180 / 365 days	80 / 60 / 50%	80 / 74 / 67%	Met
Admission within five days	50%	82%	Met
Patient satisfaction	3.0 / 4	3.83 / 4 (3)	Met
Discharges with a cash balance	<=25%	27%	Near goal

Source: Fox Lake 2025 Annual Performance Analysis. These Q4 2025 results establish the improvement baseline for 2026.

IMPROVEMENT ACTIONS What we are doing with the results

ELGIN

Monthly intake-log review, earlier eligibility and balance review, routine survey offers, and continued review of retention and positive toxicology results.

FOX LAKE

Maintain access and treatment engagement, continue clinical follow-up, reduce the remaining two-point discharge-balance gap, and increase survey response volume.

BUILDING HOPE

Elgin community performance

Q1 2026

Verified Dundee Township service and outreach measures for January through March.

ELGIN-BASED PROGRAM Dundee Q1 service snapshot

MEASURE	GOAL	RESULT	STATUS
Township residents served across grant-related services	Track	At least 38	Reported
Methadone-treatment participants	Track	15	Reported
Other behavioral-health / Suboxone-related services	Track	At least 23	Reported
Residents receiving case-management support	Track	9	Reported
Individual-session hours	Track	23 hours	Reported
Naloxone distributed	Track	84 boxes	Reported
Community naloxone locations	Track	8 gas stations	Reported

Source: Dundee Township Mental Health Board Q1 2026 Quarterly Report. This work was delivered through the Elgin location and community outreach; it is not a Fox Lake grant program.

Additional Q1 activity

- One new intake, two new treatment plans, and five continued-stay reviews were documented.
- Five hours of group-topic sessions were delivered.
- Fifty Mathers Recovery brochures were placed next to naloxone displays.
- Staff provided 3.5 hours of naloxone-administration training and at least three hours of community outreach near Walmart in Carpentersville.
- Website and Spanish-language information were updated to make services easier to identify.

YOUR VOICE MATTERS

Questions, suggestions, or feedback are welcome. Speak with your counselor or contact our intake team at 224-908-3005 or 847-462-6099. Past issues and program information are available at themathersrecovery.com.