

# WELCOME TO BUILDING HOPE

## MATHERS RECOVERY QUARTERLY NEWSLETTER

LAST QUARTER 2023

This Quarterly newsletter highlights our passion for supporting individuals on their journey toward recovery. We understand the challenges you face, and we're here to empower you with evidence-based, trauma-informed care.

### OUR MISSION

It is our mission to provide compassionate, individualized treatment for opioid use disorder, fostering lasting recovery, improved quality of life, and reintegration into the community.

### OUR VALUES:

- **Respect:** We treat each individual with dignity and understanding.
- **Empowerment:** We promote your autonomy and self-efficacy.
- **Collaboration:** We work hand-in-hand with you to achieve your goals.
- **Evidence-Based Practice:** We utilize proven methods to maximize your success.
- **Trauma-Informed Care:** We acknowledge and address past trauma's impact.

### In this issue:

- **Celebrating reaccreditation:** We're proud to announce our continued commitment to excellence, as recognized by CARF International!
- **Our commitment to Community support:** Learn about community partnerships to enhance your well-being.
- **Measuring our success:** Explore our performance data, including client retention rate, opiate-free living success, and client satisfaction survey results.
- **Welcome aboard!** Meet our newest team members, Lorin Brody FNP-BC, PMHNP-BC, Narmy Ortega-Acosta



### Committed to Your Success:

We are thrilled to announce that CARF International: <https://carf.org/>, the Commission on Accreditation of Rehabilitation Facilities, has reaccredited our organization for a period of three years with minimal recommendations!

This accomplishment is a testament to the dedication and hard work of our entire team, and we are incredibly grateful for the support of our clients and stakeholders who made this possible. We would especially like to thank those who took the time out of their busy schedules to meet with CARF surveyors and provide valuable feedback.

We are committed to continuously improving the quality of our services, and this reaccreditation demonstrates our ongoing dedication to excellence.

## COMMUNITY SUPPORT:

***At Mathers Recovery LLC we're committed to innovation and community support to enhance your well-being.***

- **Community Collaboration:** We work closely with various organizations like IHPA (IL Health Practice Alliance), McHenry County Health Board, and Kane County, leveraging grants to better serve you. Our collaboration with community partners allows us to offer comprehensive assistance.
- Whether you're facing food insecurity, seeking shelter, or in need of legal aid, your counselor can connect you with the right resources.
- **Smoking cessation support:** As part of our commitment to your health, Elgin clients interested in quitting smoking can access nicotine replacement products through grants from Kane County. Consult your counselor for assistance.

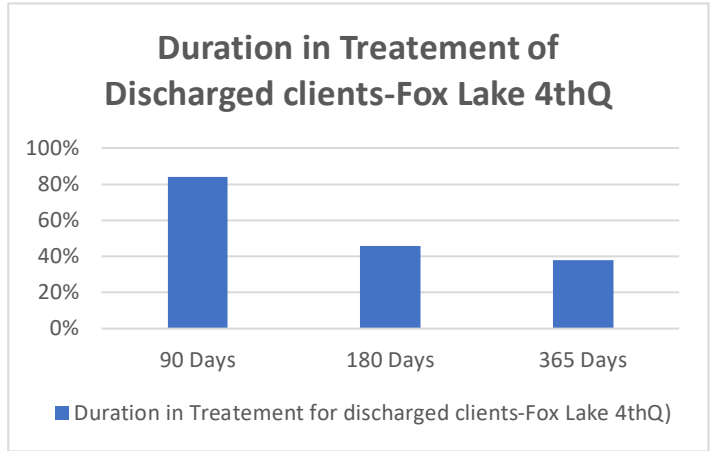
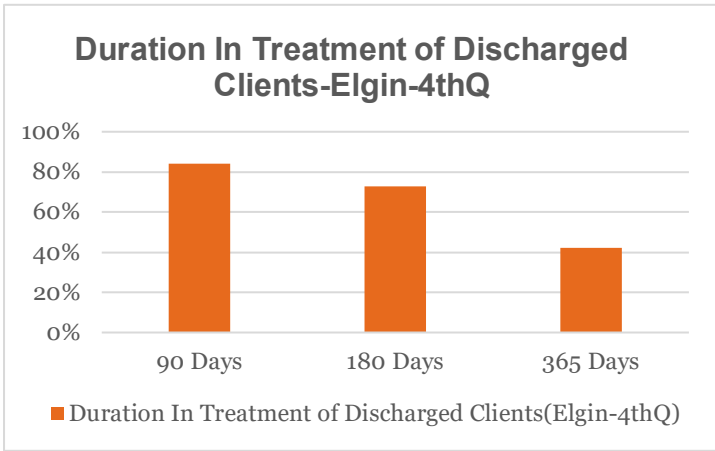
## MEASURING OUR SUCCESS

We are pleased to share that our company is in robust financial position and is forecasted to maintain this stability based on our projections

### Performance Improvement Update: 4<sup>th</sup> Quarter

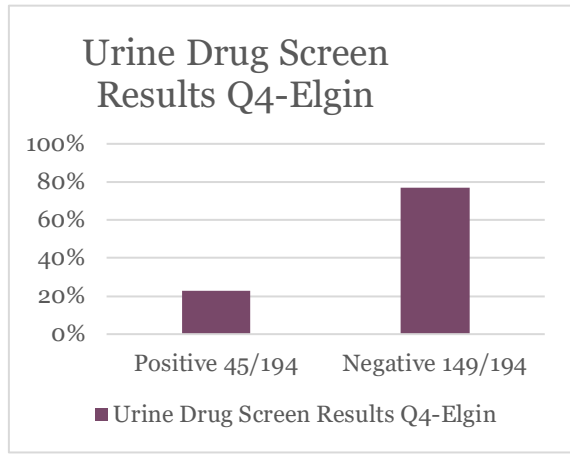
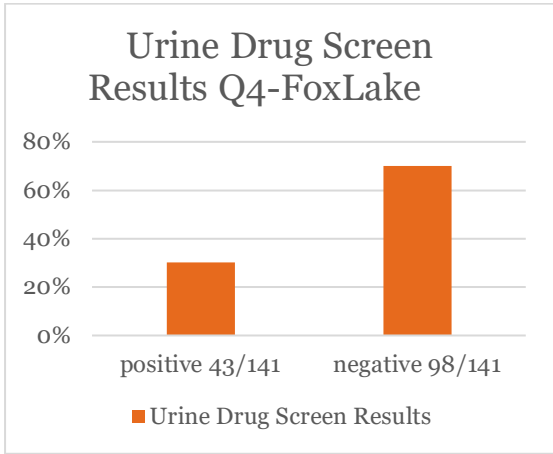
At the heart of our mission lies a relentless pursuit of excellence in care delivery. With this ethos, we persistently evaluate and enhance our services to meet and exceed your expectations. In the spirit of transparency and accountability, we invite you, our clients and stakeholders, to explore some of our performance data for the last quarter.

**Client Retention Rate:** This metric reflects the percentage of clients who remain engaged in our program over a specific period. A high retention rate indicates that our services are effective in supporting your long-term recovery journey. Of the clients discharged in 4th Quarter of 2023, 84% have completed at least 90 days of treatment, 73% have completed at least 180 days of treatment, and 42% have completed more than a year of treatment.



FL- 84%>90 Days,46%>180 and 38%>365 Days.

- **Success in Opiate Free Living:** This metric measures the percentage of clients who achieve and maintain opiate-free status. This data is central to our mission and reflects the positive outcomes we strive for. 70% of our clients tested negative for opioids in the last quarter of 2023.



- EL-76% Tested Negative for opioids
- **Client satisfaction survey results:** We recently analyzed our quarterly client satisfaction survey, and the results are in! We received an average satisfaction score of 3.82 out of a possible 4. While we're encouraged by this positive feedback, we're always striving to improve and deliver an exceptional experience for our clients.

**In Other Clinic News:**

Counselor Steve (Fox Lake) is conducting group therapy sessions on Saturdays. This is good opportunity for clients who cannot make it during weekdays to reap the benefits of group therapy. If you are interested get in touch with Steve for more information

Under the leadership of Joe Thomas (Clinical Counseling Manger) Elgin has extended their counseling schedule to include Mondays, Wednesdays, Fridays and Saturdays. Please contact Joe to register for groups.

We are very excited to welcome abroad Lorin Brody FNP-BC, PMHNP-BC Psychiatric Nurse Practitioner to our team who will be seeing clients in both Elgin and Fox Lake clinic.

We also welcome Narmy Ortega Acosta as our new Office Manager in Elgin.

## **We Believe In You! Together, Let's Build A Brighter Future.**

### **Additional Information:**

- Contact our intake team at **224-908-3005** or **847-462-6099** or visit us at **<https://themathersrecovery.com>** for more resources and information.
- Copies of past newsletters can be accessed on our web site.
- Subscribe to receive future newsletters directly to your inbox.

**Stay strong. Stay hopeful. We're here for you!**